Flik INDEPENDENT SCHOOL DINING

March 2012
School of the Holy Child

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 **Lunch** Alphabet Soup Chicken Pot Pie Buttermilk Biscuits Steamed Carrots Vanilla Pudding The Pita Pitt with Whole Grain Pitas	2 **Lunch** Split Pea Soup Broccoli & Cheddar Quiche Roasted Local Potatoes Parmesan Crusted Cauiflower Ice Cream Sandwiches Build Your Own Caprese Salad
Veggies Matter 5 **Lunch** Cream Of Mushroom Soup Multi Grain Spaghetti with Marinara Sauce Whole Wheat Garlic Mozzarealla Bread Sauteed Vegetable Medley Sliced Cantalope Build Your Own Strawberry Spinach Salad	6 **Lunch** Beef Noodle Soup Hot Dog Bar with Toppings Oven Baked Tater Tots Corn On The Cob Chocolate Milk Shake Build Your Own Chef Salad	7 **Lunch** Miso Soup Country Baked Chicken Brown Rice Sauteed Snow Peas Fortune Cookies Garden Fresh Stir Fry with Lo-Mein Noodels	8 **Lunch** "ST. PATRICK'S DAY SPECIAL" Potato Leek Soup Corn Beef & Cabbage Irish Soda Bread St. Patrick's Day Cup Cakes Nacho Bar with Assorted Toppings	9 **Lunch** Tomato Basil Soup Macaroni & Cheese Roasted Tomatoes Sauteed Vegetable Medley CheeseCake Baked Tilapia with Pineapple Salsa
12 **Lunch** "School Closed" Spring Break	13 **Lunch** "School Closed" Spring Break	14 **Lunch** "School Closed" Spring Break	15 **Lunch** "School Closed" Spring Break	16 **Lunch** "School Closed" Spring Break
19 **Lunch** "School Closed" Spring Break	20 **Lunch** "School Closed" Spring Break	21 **Lunch** "School Closed" Spring Break	22 **Lunch** "School Closed" Spring Break	23 **Lunch** "School Closed" Spring Break
26 **Lunch** Chicken Noodle Soup Pasta Bar with Assorted Sauces Sauteed Spinach Roasted Squash & Peppers Sliced Watermelon Build Your Own Gryphon Salad	Food Focus 27 **Lunch** FOODS OF VIETNAM	28 **Lunch** Minestrone Soup Oven Baked Chicken Fingers with Dipping Sauces Brown Rice Pilaf Roasted Beets Double Chocolate Chip Cookies Build Your Own Caesar Salad	Veggies Matter 29 **Lunch** Cream Of Asparagus Soup Cuban Pork Loin Wild Rice & Cranberries Roasted Zucchini with Red Onions Rice Pudding Yogurt Bar with Fresh Fruit Toppings	30 **Lunch** Black Bean & Corn Soup Flatbread Cheese Pizza Steamed Peas & Carrots Roasted Local Vegetables Pound Cake with Strawberry Topping Build Your Own Spinach & Apple Salad

Daily Offerings

Deluxe Salad Bar, Deli Station Seasonal Fresh Hand Fruit, Assorted Beverages ** IF YOU HAVE A FOOD ALLERGY PLEASE SPEAK TO THE MANAGER, CHEF OR YOUR SERVER