Flik INDEPENDENT SCHOOL DINING

FRESH FOOD

July 2012 Weekly Menu
St. John's Northwestern Military Academy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
15 **Brunch** Assorted Breakfast Pastries Continental Breakfast Breakfast Entree Special Chef Brunch Special waffle Station	16 **Breakfast** Denver Scrambled Hash Browns **Lunch** Tomato Soup 3 Cheese Grilled Pasta Prima Vera Glazed Carrots Cold Cut Deli Bowtie Caesar Pasta Salad Jell-o	17 **Breakfast** French Toast w/ Strawberry Syrup **Lunch** Chicken Noodle Soup Taco Tuesday Red Beans & Rice Mexicali Corn Cold Cut Deli Greek Village Salad Churros	18 **Breakfast** Pancakes Sausage Links **Lunch** Italiano Dogs Tater Tots Broccoli & Cauliflower Chicken & Cold Cut Deli Carrot Raisin Salad Pudding Bar	19 **Breakfast** Sausage Egg & Cheese Burrito Melon Wedge **Lunch** Chicken Cheese Tortilla Loose Meat Sandwich Beef Pilaf Green Beans P B & J Deli Ham Pea & Cheese Macaroni Salad Cookies	20 **Breakfast** Beef Hash Scrambled eggs **Lunch** Grilled Chicken Parmesan Sandwich Fries Green Beans Cold Cut Deli Colew Slaw Brownies	21 **Breakfast** Breakfast Sandwich Home Fries **Lunch** Picnic on the Guard Path Hamburgers & Brats Baked Beans Chips Potato Salad Watermelon

Breakfast
A Variety of Breakfast Offerings Hot Off the Grill, Breakfast Breads and Pastries, Fresh Fruit, Yogurt, Hot and Cold Cereal,Full Compliment of Milk , Juices, Waters, Iced teas, and Hot Bevereages

Lunch
Entree Station Featuring Homestyle and Vegetarian Entrees and Sides, Two Homemade Soups, Full Salad Bar with Composed Salads and Freshly Prepared Dressings, Make Your Own Sandwich Bar, Asian Rice Bar, Dessert Selection, Full Compliment of Milk , Juices, Waters, Iced teas, and Hot Bevereages